

TAU

JARYS

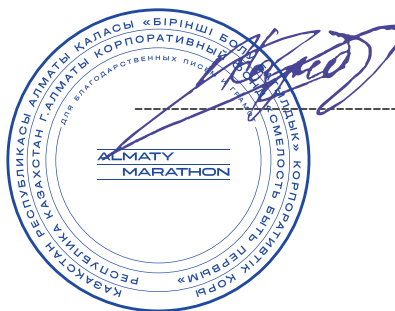
2025 ЖЫЛҒЫ «TAU JARYS»  
ЖҮГІРУ ЖАРЫСЫН ӨТКІЗУ ТУРАЛЫ

**ЕРЕЖЕ**

APPROVED BY

Corporate Fund "Courage to be the First"

Executive Director,



/ S.N. Kazybayeva

09 April 2025

ALMATY HALF MARATHON 2025  
RUNNING COMPETITION  
**REGULATIONS**

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# Regulations

TAU JARYS 2025 (hereinafter referred to as the "Competition") is a running competition with the main distance of 12 km, also including:

- 12 km race;
- 6 km race;
- Children's distance - 2 km
- Nordic walking - 5 km and 10 km. As part of the Republic of Kazakhstan Championship in "nordic (scandinavian) walking".

It is a city event for running and sports enthusiasts, where every resident and guest of Almaty can participate.

## 1. GOALS OF THE COMPETITION

- popularization of running and Nordic Walking;
- preparation of runners for international marathon competitions;
- formation of a healthy nation;
- development of mass sports;
- popularization of a healthy lifestyle among residents and guests of Almaty;
- encouraging rejection of bad habits;

## 2. ORGANIZER OF THE COMPETITION

### 2.1

Overall management of the Competition is carried out by the Corporate Fund "Courage to Be First."

### 2.2.

The organization of the preparation and conduct of the Competition is entrusted to the organizing committee of the Corporate Fund "Courage to Be First" (hereinafter referred to as the "Organizing Committee").

# 3.

## PARTICIPANTS OF THE COMPETITION

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### 3.1.

The race is open to:

- Professional athletes and amateurs;
- Participants of various age groups (determined by the distance categories);

### 3.2.

Participation is available to individuals who have registered on the official website of the Organizing Committee and paid the entry fee.

### 3.3.

Participants are required to:

- Complete registration on the website [almaty-marathon.kz](http://almaty-marathon.kz);
- Provide up-to-date personal information;
- Comply with the event rules outlined in this Regulation.

### 3.4.

Persons of the following age categories are allowed to participate in the Competition:

- 12 km distance - participants aged 15 and older;
- 6 km distance - participants aged 15 and older;
- Children's 2 km race - participants aged 10 and older;
- Nordic walking - 5 km and 10 km - participants aged 15 and older.

### 3.5.

When registering for the Competition, the number of complete years at the time of the Competition is taken into account.

# 4.

## TIME AND PLACE OF THE COMPETITION

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### 4.1

Time and venue of the Competition:

June 29, 2025, from 7:00 AM to 4:00 PM..

### 4.1

Venue of the Competition: Almaty region, Talgar district, SBC "Alatau".

Start and finish lines for all distances: SBC "Alatau" park.

# 5.

## COMPETITION DISTANCES AND AGE CATEGORIES

### 5.1.

The Competition Program includes the following distances:

- 12 km race
- 6 km race
- 2 km race
- Nordic Walking - 5 km and 10 km

### 5.2.

Age categories of the Competition:

#### 5.2.1.

Age categories for the 12 km:

- 15-29 years
- 30-39 years
- 40-49 years
- 50-59 years
- 60-69 years
- 70 years and older

#### 5.2.2.

Age categories for the 6 km:

- 15-29 years
- 30-39 years
- 40-49 years
- 50-59 years
- 60-69 years
- 70 years and older

#### 5.2.3.

Age categories for the 2 km distance race:

- 10-12 years
- 13-14 years

#### 5.2.4.

Age categories for the Nordic Walking – 5 km and 10 km:

- 15 years and older

## 6.

### EXPENSES FOR ORGANIZING AND HOLDING THE COMPETITION

#### 6.1.

Expenses for the organization and conduct of the Competition are borne by the Organizing Committee.

#### 6.2.

Expenses related to travel, accommodation, and meals during the Competition are borne by the organizations sending participants or the participants themselves.

## 7.

### REGISTRATION OF PARTICIPANTS AND THEIR ADMISSION TO THE COMPETITION

#### 7.1.

Registration for individual distances (12 km, 6 km, 2 km children's distance, Nordic Walking – 5 km and 10 km) takes place on the website [almaty-marathon.kz](http://almaty-marathon.kz), from March 26, 2024, and will end on June 20, 2025, or upon reaching 1500 (one thousand five hundred) participants.

#### 7.2.

Corporate participants of the Competition will be registered upon request sent to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz).

Registration conditions:

- The number of participants in the Competition from the company or organization must be more than 30 (thirty) people.
- Organization's and company's teams with less than 30 (thirty) persons shall register their participants on the website [almaty-marathon.kz](http://almaty-marathon.kz) at their own.

Corporate participation in individual distances (12 km, 6 m, 6 km Nordic walking) is paid by the organization through a transfer to the Organizing Committee's account. Registration shall take place only upon request sent by e-mail and filling out a special form.

#### 7.3.

A participant is considered registered for the Competition if he/she:

- registered for a specific distance on the website [almaty-marathon.kz](http://almaty-marathon.kz);
- received an individual participant number;

- paid the entry fee.

Only runners who have paid their participation applications (slots) will be included in the list of participants of the Competition.

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#### 7.4.

By registering and paying the entry fee, a participant of the Competition agrees with all the terms and conditions of this Regulations.

The participant also confirms that they have read the rules of the Competition, understand their obligations and responsibilities, and agree to comply with all requirements set by the Organizing Committee.

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#### 7.5.

Entry fees for the Competition distances:

- 12 km race – 15,000 (fifteen thousand) KZT
- 6 km race – 13,000 (thirteen thousand) KZT
- 2 km race – 8,000 (eight thousand) KZT
- Nordic Walking 5 km – 13,000 (thirteen thousand) KZT
- Nordic Walking 10 km – 14,000 (fourteen thousand) KZT

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#### 7.6.

Changing the distance is possible only until June 13, 2025.

If the slot has already been purchased, the participant must contact the Organizing Committee and pay 1,000 KZT (one thousand) for the change.

If changing from a shorter to a longer distance within the Competition, the difference in cost must also be paid.

If changing from a longer to a shorter distance within the Competition, the difference is non-refundable.

Changing distances is possible only if slots are available within the Competition. The participant's BIB number does not remain the same when changing distances.

To change the distance, you need to send an email to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz).

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#### 7.7.

Transferring a slot from one sporting event to another is only possible until and including June 13, 2025.

The cost of reregistration is 1,000 (one thousand) tenge. Transfer is only possible if there are free slots available for the chosen event and distance.

When transferring a slot, the previously assigned starting number is canceled, and the participant is issued a new number.

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#### 7.8.

Funds paid for participation in the Competition are non-refundable. Funds sent to an incorrect or someone else's identification number are non-refundable.



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#### 7.9.

Until June 13, 2025, you can reassign your BIB number to another person by sending a request to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) with the new participant's details. The cost of reassignment is 1,000 (one thousand) KZT. The BIB number remains. The new participant must be registered on the website [almaty-marathon.kz](http://almaty-marathon.kz).

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#### 7.10.

Participants without BIB numbers are not admitted to the Competition.

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#### 7.11.

A participant of the Competition must place the BIB number on his/her chest or waist belt to make it clearly visible.

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#### 7.12.

Participation in the Competition under another participant's number is prohibited. If it becomes known that a participant of the Competition has transferred his/her BIB number to another participant, the Organizing Committee will disqualify both participants and cancel their results, as well as deny both participants access to the next three Competitions.

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#### 7.13.

It is prohibited to participate in the Competition wearing headphones.

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#### 7.14.

Participants with disabilities can receive a free slot by sending a request to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) by June 13, 2025.

The application must include:

- Full name of the participant;
- Participant's chosen distance;
- Documents confirming disability.

The accompanying person pays for their participation independently. The number of slots for participants with disabilities is limited. If all free slots are already taken, the Organizing Committee reserves the right to deny the participant free entry.

## 8.

### DISTRIBUTION OF STARTER KITS

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#### 8.1.

Distribution of starter kits for participants of the Competition will take place from June 27 to 28, 2025, from 10:00 to 20:00. Place of distribution: Almaty. The exact location will be announced later.

Attention! No distribution of starter kits will be made to the participants of the Competition on other days.

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## 8.2.

The starter kit is issued personally to the participant. Receiving a kit for another participant is prohibited.

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## 8.3.

The participant's starter kit includes a BIB number, recording chip, and pins.

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## 8.4.

Corporate participants of the Competition can pick up their race kits from June 27 to June 28, 2025, during the distribution of race numbers, as specified in paragraph 8.1 of the Competition Rules. To receive the kit, it is necessary to present the original or electronic version of an ID card, as well as a health condition disclaimer. It is forbidden to receive starter kits for other participants.

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## 8.5.

Participants must present the following documents for admission:

For participants under the age of 18:

- ID card (original or in electronic) / Birth Certificate (printed);
- Acknowledgement Note from parents or guardian(s) giving permission to participate in the Competition (printed);
- ID card of parents or guardian(s), who signed in person the Acknowledgement Note (original or in electronic).

For participants aged 18 and over:

- ID card (original or in electronic);
- Health Acknowledgement (printed or signed online).

Participants can sign the Health Acknowledgement online by visiting the Almaty Marathon website or by scanning a QR code on the starter kit distribution day. The Egov mobile app with valid electronic digital signature (EDS) keys must be used to sign online. A printed version is not required if signed electronically.

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## 8.6.

If a participant did not know about / forgot / did not have time to collect their starter pack, the medal cannot be issued after the start based on the online tracker;

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## 8.7.

Other cases will be discussed individually when applying to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) before 14:00 on June, 28, 2025

# 9.

## COMPETITION PROGRAM (TO BE PUBLISHED LATER)

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## 10. TIME LIMITS FOR COMPLETING DISTANCES:

### 10.1.

Time limits for completing distances:

- Time limit for the 12 km distance – 3 hours 00 minutes.
- Time limit for the 6 km distance – 2 hours 00 minutes.
- Time limit for the 2 km distance – 0 hours 25 minutes.
- Time limit for the 5 km Nordic Walking – 1 hours 0 minutes.
- Time limit for the 10 km Nordic Walking – 2 hours 0 minutes

## 11. LOCKER ROOM

### 11.1.

The Organizer is not responsible for the contents of the participant's bag.

### 11.2.

Suitcases, large-size bags will not be accepted for storage in lockers.

### 11.3.

The Organizing Committee will not consider any claims over missing items from bags. The Organizing Committee do not recommend to store valuables, cash, or jewellery in lockers.

## 12. CALCULATION OF RESULTS AND DETERMINATION OF COMPETITION WINNERS

### 12.1.

Results of the race participants for particular competition distances are recorded by the electronic timing system of the Competition and are confirmed by the Competition's panel of judges. Winners and prize-winners of particular competition distances are determined on the basis of the finish time.

### 12.2.

Race winners and prize-winners of particular competition distances are determined in accordance with the World Athletics Rules.

### 12.3.

Official results of the Competition will be published at [almaty-marathon.kz](http://almaty-marathon.kz) within 24 (twenty-four) hours after the end of the Competition.

In the event that the Organizing Committee receives information on any violation of the Competition Rules by its participants, the Organizing Committee has the right to examine the competition venue and analyse the photo and video records. The Organizing Committee has the right to change the final scoresheet if the violations are proved.

### 12.4.

Participant results are only recorded if the BIB number is correctly attached to the chest or waist belt.

### 12.5.

The Competition Organizing Committee does not guarantee that personal results of the Competition participants will be recorded in the following cases:

- Incorrectly fixed chip.
- Chip demagnetization.
- Chip covered by clothing or otherwise obscured;
- Disqualification of the participant on the basis of the resolution made by the Competition's Panel of Judges.
- Chip damaged by a participant.

### 12.6.

How to interpret results - terms used:

- DNS - Did not start (participant did not start);
- DNF - Did not finish (participant did not finish);
- DSQ - Disqualified (participant is disqualified);
- CR - Championship Record (record of competitions);
- GUN TIME - Finish time of participant. The time from the start gun commencement till crossing of the finish mats by the participant.
- CHIP TIME - Personal time of participant. The time from start mats to finish mats crossed by the participant.

IMPORTANT! RACE WINNERS AND PRIZE-WINNERS OF THE COMPETITION ARE DETERMINED ON THE BASIS OF THE PARTICIPANT'S GUN TIME.

## 13. AWARDING OF COMPETITION WINNERS

### 13.1.

12 km race - participants among men and women are awarded for the 1st - 3rd places in the absolute category.

The winners and prizewinners of the Competition receive a medal, certificate, cash voucher, and a valuable prize. Winners of the overall standings in this distance are not awarded in age categories.

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#### 13.2.

12 km race – male and female participants are awarded for 1st-3rd place in age categories. The winners and prizewinners in this race receive a medal, certificate, and a valuable prize.

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#### 13.3.

6 km race – male and female participants are awarded for 1st-3rd place in the overall standings. The winners and prizewinners of the Competition receive a medal, certificate, cash voucher, and a valuable prize. Winners of the overall standings in this distance are not awarded in age categories.

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#### 13.4

6 km race – male and female participants are awarded for 1st-3rd place in age categories. The winners and prizewinners in this race receive a medal, certificate, and a valuable prize.

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#### 13.5

Nordic walking (5 km and 10 km) – male and female participants are awarded for 1st-3rd place in the overall standings without age categories for each distance. The winners and prizewinners of the Competition receive a certificate and a valuable prize.

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#### 13.6.

2 km race – boys and girls are awarded for 1st-3rd place in age categories. The winners and prizewinners in this race receive a medal, certificate, and a valuable prize.

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#### 13.7.

All finishers within the time limit receive a finisher's medal.

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#### 13.8.

The cash prizes are paid out within 15 (fifteen) business days after the Competition via a bank transfer to the personal account of the winner. In order to receive the cash prize, the winner of the Competition should, within 3 (three) business days after the Competition, submit the following documents:

- For residents of Kazakhstan: a Bank Account Certificate and a copy of identity document.
- For non-residents of Kazakhstan: a copy of identity document, bank name, address of the bank office and the city where you will receive the cash prize.

The documents should be sent to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz)

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#### 13.9.

If a participant of the Competition failed to pick up his/her prize during the Competition, the participant can pick up the prize within 10 (ten) business days after the Competition. The exact address to pick up your prize will be announced on official information sources. If a participant of the Competition cannot pick up the prizes in person and delegate the receipt of the prizes to an authorized person, the winner of the Competition should email to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) his/her address where the prize can be delivered by the Organizing Committee at the expense of the participant. This option is available only to residents of the Republic of Kazakhstan.

#### 13.10.

Upon expiration of the above term, the Organizer reserves the right not to give the prizes to winners.

## 14. RULES OF CONDUCT ON THE COMPETITION COURSE

The competitions are held in accordance with the World Athletics (WA) Rules. The Nordic walking competitions for the 5 km and 10 km distances are conducted in accordance with the [IAAF rules](#).

#### 14.1.

Recommendations:

- Do not run in a row with two or more participants.
- If you slow down to a walk, please keep to the right side of the course.

#### 14.2.

It is prohibited to:

- Use any mechanical aids (push scooters, bicycles, rollers, etc.) for everyone except wheelchair athletes and participants with special jogging strollers.
- Use headphones. Participants must hear warnings from other runners, judges, organizers and officials organizing the Competition.
- Participate with animals.
- Participate in the competition in a state of alcohol or drug intoxication.
- Participate with any items that could be dangerous to other participants.
- Participate with strollers.
- Stop on the course. In case of feeling unwell, the participant should, if possible, stop and move to the side of the course, without obstructing the movement of other race participants.
- Obstruct the movement of other participants and the competition in any other way.
- None of the team officials, other persons have the rights to walk, run, move near a participant at the time when the participant takes food or drinks.
- A participant may be disqualified for violation of these rules.

## 15. DISQUALIFICATION

#### 15.1.

The Competition Organizing Committee has the right to disqualify a participant of the Competition

in the following cases:

- a participant starts running before the official start;
- a participant starts running after the start zone is closed;
- a participant participates without a BIB number;
- a participant neglects the instructions and comments of the Organizing Committee, judges or a chief physician of the Competition;
- a participant violates the Competition Regulations;
- a participant runs 2 (two) distances or participates in 2 (two) or more teams, which will result in the disqualification of both the participant and the teams from the Competition.

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#### 15.2.

A participant, who:

- took or received food or water at a place other than an official catering facility, unless they have been provided for medical reasons by or under the direction of the competition judges,
- or took food from another participant,

must be first warned by a judge by showing a yellow card. For the second violation, the judge shall disqualify the participant by showing a red card.

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#### 15.3.

The Organizing Committee has the right to disqualify a participant if he/she uses a video camera, mobile phone or smartphone, radio, players, headphones and other equipment in the course of the Competition.

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#### 15.4.

Participants of the Competition will be excluded from the final scoresheet in the following cases:

- a participant participates under another participant's number registered for another person;
- a participant has reduced the distance;
- a participant ran a wrong distance;
- a participant uses mechanical means (bicycle, scooter, etc.);
- a participant starts running beyond the start zone;
- a participant starts running not from his/her cluster;
- a participant runs without a BIB number for a particular competition or if the bib number is hidden under his/her clothing;
- a participant violated the rules of these Regulations.

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#### 15.5.

A participant may be disqualified for unseemly, rude or abusive language towards event organisers, judges, volunteers.

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#### 15.6.

The Competition participants are prohibited from holding unauthorised political, social and other rallies, making provocative appeals, political solicitations, protests, demonstrations, and using any

political, social attributes, logos. Those participants violating this clause will bear responsibility in accordance with the laws of the Republic of Kazakhstan.

## 16. COMPETITION'S PANEL OF JUDGES

### 16.1.

Competition's Panel of Judges thoroughly monitors compliance with the competition rules and that the Competition among participants is fair and honest, and that the winner of the Competition is determined objectively. All sport judges serving the Competition represent the Competition's Panel of Judges.

### 16.2.

Competition's Panel of Judges includes:

- Chief Judge of the Competition

The Chief Judge of the Competition distributes responsibilities among certain judges of the Competition and submits a report to the Organizing Committee upon completion of the Competition.

- Chief Scorer of the Competition

The Chief Scorer of the Competition processes scoresheets and reports the results, draws up the necessary materials to inform judges, participants and spectators about the course of the race in a timely fashion, and after completion thereof draws up the general report on the results.

- Judges of the Start and Finish Zones of the Competition

The Judges of the Start and Finish Zones of the Competition keep strict watch that the participants of the Competition go to the race distances according to their clusters, all rules are complied with at the start and no one gets any advantages. The Judges at the finish line record results of first 50 (fifty) finishers according to the finish scoresheets. The scoresheets are submitted to the Chief Judge of the Competition for collation of the results with the timekeeping system. Professional sportsmen and specialists may be invited to the Competition's Panel of Judges.

### 16.3.

Chief Physician of the Competition

The Chief Physician of the Competition supervises activities of medical staff and volunteers of the Competition during the race and at the start-finish camp of the Competition. If necessary, the Chief Physician of the Competition can withdraw a participant from the Competition.



## 17. FORCE MAJEURE

### 17.1.

In case of an official ban imposed on the Competition by the government bodies/agencies/services of the Republic of Kazakhstan, including local government bodies, the Competition will be postponed to a later date. All entry fees previously paid by participants of the Competition will be automatically transferred to the new date of the Competition. The exact new date of the Competition will be announced later by publishing in the Organizing Committee's information sources specified in clause 20 hereof and by mailing to the participants' e-mail addresses specified by the participants during their registration for the Competition.

### 17.2.

If, due to state regulatory acts of the Republic of Kazakhstan, a foreign participant from another country cannot cross the state border of the Republic of Kazakhstan on the eve of the Competition and participate in the Competition, they may submit a request to the Organizing Committee to transfer their entry fee to the "TAU JARYS" in 2026. In this case the request should be sent to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz).

## 18. PROTESTS AND CLAIMS

### 18.1.

Protests shall be submitted to the Competition Organizing Committee and considered by the Competition's Panel of Judges.

### 18.2.

A participant of the Competition has the right to submit a claim within 2 (two) calendar days after the end of the Competition. Claims should be sent to the email address [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz). When submitting a claim, the participant must provide the following information:

- participant's full name (anonymous submissions will not be considered);
- essence of the claim;
- grounds for the claim (photo or video evidence).

### 18.3.

The Competition Organizing Committee shall prepare its official reply to the participant of the Competition within 2 (two) business days after it receives the protest and/or claim, the reply shall be sent to an e-mail, which the claim/protest had been filed from.

### 18.4.

Claims are accepted only from participants of the Competition.

## 19. MEDIA ACCREDITATION

### 19.1.

To obtain media accreditation for the Competition, it is necessary to send the following information (name of the media outlet, full name of the correspondent, operator, photographer, contact phone number, and email) to the email address [prmanager@almaty-marathon.kz](mailto:prmanager@almaty-marathon.kz) by June 27, 2025.

## 20. INFORMATION SOURCES OF THE COMPETITION

### 20.1.

Detailed information on the Competition is available on web-site [almaty-marathon.kz](http://almaty-marathon.kz), as well as at the following social media sites of the Organizing Committee:

- <https://www.facebook.com/almatymarathon/>
- <https://www.instagram.com/almatymarathon/>
- [t.me/almaty\\_marathon](https://t.me/almaty_marathon)
- <https://vk.com/almatymarathon>

The Organizing Committee of the Competition is not responsible for information posted on other informational resources.

## 21. RIGHTS TO COVER THE COMPETITION

### 21.1.

Corporate Fund "Courage to Be the First" (hereinafter – the Copyright Holder) owns exclusive media rights to cover the Competition: broadcasts of an image and (or) sound of the sports event through any means and (or) by using any technology, as well as video recording of the broadcasts.

The Copyright Holder has the right to enter into written agreements with third parties for the acquisition of rights to cover the sports event.

**22.1.**

This Regulation for the Competition serves as an official invitation – a call to participate in the Competition.

**22.2.**

The Organizing Committee is not responsible for any damage caused to Competition participants as a result of accidents, loss of personal belongings, or damage to property.

**22.3.**

The Organizing Committee is not liable for the health of participants, nor for injuries, illnesses, or other medical issues that may arise during preparation or participation in the Competition. Each participant is fully responsible for their own health and physical condition and is required, if necessary, to undergo a medical examination before participating in the Competition.

**22.4.**

The Organizing Committee reserves the right to make changes to this Regulation for the Competition.

ALMATY  
MARATHON