

ALMATY MARATHON



2022

OFFICIAL PACE BAND

Finish time 02:15:00

SPLIT	TIME
1 km	00:06:23
2 km	00:12:47
3 km	00:19:11
4 km	00:25:35
5 km	00:31:59
6 km	00:38:23
7 km	00:44:47
8 km	00:51:11
9 km	00:57:35
10 km	01:03:59
11 km	01:10:23
12 km	01:16:47
13 km	01:23:11
14 km	01:29:35
15 km	01:35:59
16 km	01:42:23
17 km	01:48:46
18 km	01:55:10
19 km	02:01:34
20 km	02:07:58
21 km	02:14:22
21.1 km	02:14:59

FINISH!

02:15:00



COURAGE
TO BE
THE FIRST!

**ALMATY
MARATHON
2022**



OFFICIAL PACE BAND

Finish time 01:59:00

SPLIT	TIME
1 km	00:05:38
2 km	00:11:16
3 km	00:16:55
4 km	00:22:33
5 km	00:28:12
6 km	00:33:50
7 km	00:39:29
8 km	00:45:07
9 km	00:50:45
10 km	00:56:24
11 km	01:02:02
12 km	01:07:41
13 km	01:13:19
14 km	01:18:58
15 km	01:24:36
16 km	01:30:14
17 km	01:35:53
18 km	01:41:31
19 km	01:47:10
20 km	01:52:48
21 km	01:58:27
21.1 km	01:59:00

FINISH!

01:59:00



**COURAGE
TO BE
THE FIRST!**

ALMATY MARATHON



2022

OFFICIAL PACE BAND

Finish time 01:45:00

SPLIT	TIME
1 km	00:04:58
2 km	00:09:57
3 km	00:14:55
4 km	00:19:54
5 km	00:24:53
6 km	00:29:51
7 km	00:34:50
8 km	00:39:48
9 km	00:44:47
10 km	00:49:46
11 km	00:54:44
12 km	00:59:43
13 km	01:04:42
14 km	01:09:40
15 km	01:14:39
16 km	01:19:37
17 km	01:24:36
18 km	01:29:35
19 km	01:34:33
20 km	01:39:32
21 km	01:44:31
21.1 km	01:44:59

FINISH!

01:45:00



COURAGE
TO BE
THE FIRST!

ALMATY MARATHON



2022

OFFICIAL PACE BAND

Finish time 01:39:00

SPLIT	TIME
1 km	00:04:41
2 km	00:09:23
3 km	00:14:04
4 km	00:18:46
5 km	00:23:27
6 km	00:28:09
7 km	00:32:50
8 km	00:37:32
9 km	00:42:14
10 km	00:46:55
11 km	00:51:37
12 km	00:56:18
13 km	01:01:00
14 km	01:05:41
15 km	01:10:23
16 km	01:15:04
17 km	01:19:46
18 km	01:24:28
19 km	01:29:09
20 km	01:33:51
21 km	01:38:32
21.1 km	01:39:00

FINISH!

01:39:00



COURAGE
TO BE
THE FIRST!

ALMATY MARATHON



2022

OFFICIAL PACE BAND

Finish time 01:29:00

SPLIT	TIME
1 km	00:04:13
2 km	00:08:26
3 km	00:12:39
4 km	00:16:52
5 km	00:21:05
6 km	00:25:18
7 km	00:29:31
8 km	00:33:44
9 km	00:37:58
10 km	00:42:11
11 km	00:46:24
12 km	00:50:37
13 km	00:54:50
14 km	00:59:03
15 km	01:03:16
16 km	01:07:29
17 km	01:11:42
18 km	01:15:56
19 km	01:20:09
20 km	01:24:22
21 km	01:28:35
21.1 km	01:29:00

FINISH!

01:29:00



COURAGE
TO BE
THE FIRST!

**ALMATY
MARATHON
2022**



OFFICIAL PACE BAND

Finish time 00:40:00

**1 KM
00:04:00**

**2 KM
00:08:00**

**3 KM
00:12:00**

**4 KM
00:16:00**

**5 KM
00:20:00**

**6 KM
00:24:00**

**7 KM
00:28:00**

**8 KM
00:32:00**

**9 KM
00:36:00**

**10 KM
00:40:00**

**FINISH!
00:40:00**



**COURAGE
TO BE
THE FIRST!**

**ALMATY
MARATHON
2022**



OFFICIAL PACE BAND

Finish time 00:50:00

**1 KM
00:05:00**

**2 KM
00:10:00**

**3 KM
00:15:00**

**4 KM
00:20:00**

**5 KM
00:25:00**

**6 KM
00:30:00**

**7 KM
00:35:00**

**8 KM
00:40:00**

**9 KM
00:45:00**

**10 KM
00:50:00**

**FINISH!
00:50:00**



**COURAGE
TO BE
THE FIRST!**

**ALMATY
MARATHON
2022**



OFFICIAL PACE BAND

Finish time 01:00:00

**1 KM
00:06:00**

**2 KM
00:12:00**

**3 KM
00:18:00**

**4 KM
00:24:00**

**5 KM
00:30:00**

**6 KM
00:36:00**

**7 KM
00:42:00**

**8 KM
00:48:00**

**9 KM
00:54:00**

**10 KM
01:00:00**

FINISH!

01:00:00



**COURAGE
TO BE
THE FIRST!**

**ALMATY
MARATHON
2022**



OFFICIAL PACE BAND

Finish time 01:10:00

**1 KM
00:07:00**

**2 KM
00:14:00**

**3 KM
00:21:00**

**4 KM
00:28:00**

**5 KM
00:35:00**

**6 KM
00:42:00**

**7 KM
00:49:00**

**8 KM
00:56:00**

**9 KM
01:03:00**

**10 KM
01:10:00**

FINISH!

01:10:00



**COURAGE
TO BE
THE FIRST!**

**ALMATY
MARATHON
2022**



OFFICIAL PACE BAND

Finish time 01:30:00

**1 KM
00:09:00**

**2 KM
00:18:00**

**3 KM
00:27:00**

**4 KM
00:36:00**

**5 KM
00:45:00**

**6 KM
00:54:00**

**7 KM
01:03:00**

**8 KM
01:12:00**

**9 KM
01:21:00**

**10 KM
01:30:00**

**FINISH!
01:30:00**



**COURAGE
TO BE
THE FIRST!**

ALMATY MARATHON



2022

OFFICIAL PACE BAND

Finish time **04:15:00**

SPLIT	TIME
1 km	00:06:03
3 km	00:18:08
5 km	00:30:13
7 km	00:42:18
9 km	00:54:23
11 km	01:06:29
13 km	01:18:34
15 km	01:30:39
17 km	01:42:44
19 km	01:54:49
21.1 km	02:07:30
22 km	02:12:57
24 km	02:25:02
26 km	02:37:08
28 km	02:49:13
30 km	03:01:18
32 km	03:13:23
34 km	03:25:28
36 km	03:37:34
38 km	03:49:39
40 km	04:01:44
42 km	04:13:49

FINISH!

04:15:00



COURAGE
TO BE
THE FIRST!

ALMATY MARATHON



2022

OFFICIAL PACE BAND

Finish time 03:59:00

SPLIT

TIME

1 km

00:05:40

3 km

00:17:00

5 km

00:28:19

7 km

00:39:39

9 km

00:50:59

11 km

01:02:18

13 km

01:13:18

15 km

01:24:58

17 km

01:36:17

19 km

01:47:37

21.1 km

01:59:30

22 km

02:04:37

24 km

02:15:56

26 km

02:27:16

28 km

02:38:36

30 km

02:49:56

32 km

03:01:15

34 km

03:12:35

36 km

03:23:55

38 km

03:35:14

40 km

03:46:34

42 km

03:57:54

FINISH!

03:59:00



COURAGE
TO BE
THE FIRST!

**ALMATY
MARATHON
2022**



OFFICIAL PACE BAND

Finish time 03:45:00

SPLIT	TIME
1 km	00:05:20
3 km	00:16:00
5 km	00:26:40
7 km	00:37:20
9 km	00:47:59
11 km	00:58:39
13 km	01:09:19
15 km	01:19:59
17 km	01:30:39
19 km	01:41:19
21.1 km	01:52:30
22 km	01:57:19
24 km	02:07:59
26 km	02:18:39
28 km	02:29:18
30 km	02:39:58
32 km	02:50:38
34 km	03:01:18
36 km	03:11:58
38 km	03:22:38
40 km	03:33:18
42 km	03:43:58

FINISH!

03:45:00



**COURAGE
TO BE
THE FIRST!**

**ALMATY
MARATHON**



2022

OFFICIAL PACE BAND

Finish time 03:39:00

SPLIT	TIME
1 km	00:05:11
3 km	00:15:34
5 km	00:25:57
7 km	00:36:19
9 km	00:46:42
11 km	00:57:05
13 km	01:07:28
15 km	01:17:51
17 km	01:28:13
19 km	01:38:36
21.1 km	01:48:59
22 km	01:54:11
24 km	02:04:33
26 km	02:14:56
28 km	02:25:19
30 km	02:35:42
32 km	02:46:05
34 km	02:56:27
36 km	03:06:50
38 km	03:17:13
40 km	03:27:36
42 km	03:37:59

FINISH!

03:39:00



**COURAGE
TO BE
THE FIRST!**

ALMATY MARATHON



2022

OFFICIAL PACE BAND

Finish time **03:29:00**

SPLIT	TIME
1 km	00:04:57
3 km	00:14:51
5 km	00:24:45
7 km	00:34:40
9 km	00:44:34
11 km	00:54:29
13 km	01:04:23
15 km	01:14:17
17 km	01:24:12
19 km	01:34:06
21.1 km	01:44:01
22 km	01:48:58
24 km	01:58:52
26 km	02:08:46
28 km	02:18:41
30 km	02:28:35
32 km	02:38:30
34 km	02:48:24
36 km	02:58:18
38 km	03:08:13
40 km	03:18:07
42 km	03:28:02

FINISH!

03:29:00



COURAGE
TO BE
THE FIRST!