



OFFICIAL PACE BAND

Finish time 01:29:00

SPLIT	TIME
1 km	00:04:13
2 km	00:08:26
3 km	00:12:39
4 km	00:16:52
5 km	00:21:05
6 km	00:25:18
7 km	00:29:31
8 km	00:33:44
9 km	00:37:58
10 km	00:42:11
11 km	00:46:24
12 km	00:50:37
13 km	00:54:50
14 km	00:59:03
15 km	01:03:16
16 km	01:07:29
17 km	01:11:42
18 km	01:15:56
19 km	01:20:09
20 km	01:24:22
21 km	01:28:35
21.1 km	01:29:00

FINISH!
01:29:00



OFFICIAL PACE BAND

Finish time 01:39:00

SPLIT	TIME
1 km	00:04:41
2 km	00:09:23
3 km	00:14:04
4 km	00:18:46
5 km	00:23:27
6 km	00:28:09
7 km	00:32:50
8 km	00:37:32
9 km	00:42:14
10 km	00:46:55
11 km	00:51:37
12 km	00:56:18
13 km	01:01:00
14 km	01:05:41
15 km	01:10:23
16 km	01:15:04
17 km	01:19:46
18 km	01:24:28
19 km	01:29:09
20 km	01:33:51
21 km	01:38:32
21.1 km	01:39:00

FINISH!
01:39:00



OFFICIAL PACE BAND

Finish time 01:45:00

SPLIT	TIME
1 km	00:04:58
2 km	00:09:57
3 km	00:14:55
4 km	00:19:54
5 km	00:24:53
6 km	00:29:51
7 km	00:34:50
8 km	00:39:48
9 km	00:44:47
10 km	00:49:46
11 km	00:54:44
12 km	00:59:43
13 km	01:04:42
14 km	01:09:40
15 km	01:14:39
16 km	01:19:37
17 km	01:24:36
18 km	01:29:35
19 km	01:34:33
20 km	01:39:32
21 km	01:44:31
21.1 km	01:44:59

FINISH!
01:45:00



OFFICIAL PACE BAND

Finish time 01:59:00

SPLIT	TIME
1 km	00:05:38
2 km	00:11:16
3 km	00:16:55
4 km	00:22:33
5 km	00:28:12
6 km	00:33:50
7 km	00:39:29
8 km	00:45:07
9 km	00:50:45
10 km	00:56:24
11 km	01:02:02
12 km	01:07:41
13 km	01:13:19
14 km	01:18:58
15 km	01:24:36
16 km	01:30:14
17 km	01:35:53
18 km	01:41:31
19 km	01:47:10
20 km	01:52:48
21 km	01:58:27
21.1 km	01:59:00

FINISH!
01:59:00



OFFICIAL PACE BAND

Finish time 02:15:00

SPLIT	TIME
1 km	00:06:23
2 km	00:12:47
3 km	00:19:11
4 km	00:25:35
5 km	00:31:59
6 km	00:38:23
7 km	00:44:47
8 km	00:51:11
9 km	00:57:35
10 km	01:03:59
11 km	01:10:23
12 km	01:16:47
13 km	01:23:11
14 km	01:29:35
15 km	01:35:59
16 km	01:42:23
17 km	01:48:46
18 km	01:55:10
19 km	02:01:34
20 km	02:07:58
21 km	02:14:22
21.1 km	02:14:59

FINISH!
02:15:00





OFFICIAL PACE BAND

OFFICIAL PACE BAND

OFFICIAL PACE BAND

OFFICIAL PACE BAND

OFFICIAL PACE BAND

Finish time 00:40:00

Finish time 00:50:00

Finish time 01:00:00

Finish time 01:10:00

Finish time 01:30:00

1 KM
00:04:00

1 KM
00:05:00

1 KM
00:06:00

1 KM
00:07:00

1 KM
00:09:00

2 KM
00:08:00

2 KM
00:10:00

2 KM
00:12:00

2 KM
00:14:00

2 KM
00:18:00

3 KM
00:12:00

3 KM
00:15:00

3 KM
00:18:00

3 KM
00:21:00

3 KM
00:27:00

4 KM
00:16:00

4 KM
00:20:00

4 KM
00:24:00

4 KM
00:28:00

4 KM
00:36:00

5 KM
00:20:00

5 KM
00:25:00

5 KM
00:30:00

5 KM
00:35:00

5 KM
00:45:00

6 KM
00:24:00

6 KM
00:30:00

6 KM
00:36:00

6 KM
00:42:00

6 KM
00:54:00

7 KM
00:28:00

7 KM
00:35:00

7 KM
00:42:00

7 KM
00:49:00

7 KM
01:03:00

8 KM
00:32:00

8 KM
00:40:00

8 KM
00:48:00

8 KM
00:56:00

8 KM
01:12:00

9 KM
00:36:00

9 KM
00:45:00

9 KM
00:54:00

9 KM
01:03:00

9 KM
01:21:00

10 KM
00:40:00

10 KM
00:50:00

10 KM
01:00:00

10 KM
01:10:00

10 KM
01:30:00

FINISH!
00:40:00

FINISH!
00:50:00

FINISH!
01:00:00

FINISH!
01:10:00

FINISH!
01:30:00

