

Running Competition “Almaty Half Marathon 2022” (“the Competition”) Official Regulations

1. OBJECTIVES OF THE COMPETITION

The Almaty Half Marathon (hereinafter – the Competition) is an annual running competition with a main distance of 21 km 97.5 m and associated distances of 10 km, a 10-km Nordic Walking, a 21 km 97.5-m Ekiden Relay. A city festival for sports and race fans, in which every resident and guest of Almaty can take part.

The Half Marathon Championship of Kazakhstan (21.1 km) will be organized as part of the Almaty Half Marathon.

Competition Objectives:

- popularization of running and Nordic Walking;
- preparation of runners for international marathon competitions;
- formation of a healthy nation;
- development of mass sports;
- popularization of a healthy lifestyle among residents of Almaty;
- discouraging bad habits (smoking).

2. MANAGING ORGANIZER OF THE COMPETITION

2.1. “Courage to be the First” Corporate Fund provides general management of the Competition.

2.2. Arrangements for preparing and holding the Competition are the responsibility of the Organizing Committee of “Courage to be the First” Corporate Fund (hereinafter – the Organizing Committee).

3. TIME AND VENUE OF THE COMPETITION

3.1. Day and time of the Competition: **17 April 2022, from 05:30 till 13:00.**

3.2. Venue of the Competition: Almaty

Start line for all distances: the First President Park, Almaty, 1/2 Dulati Ave.

Finish for all distances: Central Stadium.

4. COMPETITION DISTANCES AND AGE CATEGORIES

4.1. The Competition Program includes the following distances:

- 21 km 97.5-m Half Marathon;
- 10-km Distance Race;
- 10-km Nordic Walking;
- 21 km 97.5-m Ekiden (relay half marathon);
- 21 km 97.5-m Half Marathon (online);
- 10-km Distance Race (online).

4.2. Age categories of the Competition:

4.2.1. Age categories of the Half Marathon (21 km 97.5 m):

- 18-34 years old;

- 35-49 years old;
- 50-59 years old;
- 60+ years old.

4.2.2. Age categories of the 10-km Distance Race:

- 15-34 years old;
- 35-49 years old;
- 50-59 years old;
- 60+ years old.

5. COMPETITION PARTICIPANTS

5.1. Participants of the following age categories are allowed to participate in the Competition:

- 21 km 97.5-m Half Marathon (incl. online) – participants aged 18 years and over;
- 10-km Distance Race (incl. online) – participants aged 15 years and over;
- 10-km Nordic Walking – participants aged 15 and over;
- 21 km 97.5-m Ekiden 21.1 (relay marathon) – teams of 4 (four) people aged 16 years and over.

5.2. Simultaneous participation in the Competition for several distances and Ekiden teams is strictly prohibited.

5.3. During registration for the Competition, your exact full age is taken into account at the time of holding the Competition.

6. ELITE QUALIFICATION

6.1. Elite is a separate start cluster for amateur athletes with pre-confirmed qualification time.

6.2. Athletes will be registered in the elite category of the Competition for the 21 km 97.5-m distance after they pass an electronic registration at almaty-marathon.kz.

6.3. To be qualified for the elite category of the Competition, the athlete or his/her official representative shall send his/her application to info@almaty-marathon.kz and provide his/her confirmed results corresponding to the qualification time **before 01 April 2022**. The results of competitions held in the last 3 (three) years for the same distance before the application are considered.

6.4. Your workout recording in a mobile app is not a confirmation.

6.5. Qualification time for applicants for the 21 km 97.5-m elite category of the Competition shall be as follows:

- men: max. 1 hour 20 sec. 00 min. for half marathon;
- women: max. 1 hour 40 sec. 00 min. for half marathon.

7. EXPENSES FOR ORGANIZING AND HOLDING THE COMPETITION

7.1. The Organizing Committee bears all the expenses for organizing and holding the Competition.

7.2. The travel, accommodation and meal expenses associated with the Competition shall be paid by the participant sending organizations or participants of the Competition themselves.

8. REGISTRATION OF PARTICIPANTS AND THEIR ADMISSION TO THE COMPETITION

8.1. Registration of participants for the Competition will be available on the website www.almaty-marathon.kz from **27 September 2021** and will end on **01 April 2022**, or upon reaching 5,500 (five thousand five hundred) registered participants.

8.2. Corporate participants of the Competition will be registered upon request sent to info@almaty-marathon.kz. The number of participants in the Competition from the company must be more than 30 (thirty) people. Teams with less than 30 (thirty) participants shall register on the website www.almaty-marathon.kz independently.

8.3. A participant, who has passed the online registration procedure on www.almaty-marathon.kz and paid the entry fee according to the ID number assigned upon registration for a particular distance of the Competition, is considered registered for the Competition. Only paid applications will be included in the list of participants in the Competition.

8.4. By registering and paying the entry fee, the participant of the Competition agrees with all the terms and conditions of these Competition Regulations.

8.5. Entry fees for Competition distances:

- 21 km 97.5-m Half Marathon (incl. online) – **9,000 (nine thousand) KZT**;
- 10-km Distance Race (incl. online) – **8,000 (eight thousand) KZT**;
- 10-km Nordic Walking – **8,000 (eight thousand) KZT**;
- Ekiden 21.1 – **110,000 (one hundred and ten thousand) KZT**.

8.6. Change of distance within the Competition is available only until 01 April 2022 (inclusive). If a slot for participation in the Competition has already been purchased, you must contact the Organizing Committee and pay 1,000 (one thousand) KZT for changing the competition distance. In case of changing the distance within the Competition from a shorter to a longer one, the difference in the cost of the slots shall be paid as well. In case of changing the distance within the Competition from a longer to a shorter one, the difference in the cost of slots is **not refundable!** It is possible to change the distance within the Competition only if there are free slots for the selected competition distance. When changing a Competition's BIB number with your name on it from one distance to another one, the BIB with the name is lost.

8.7. BIB numbers with names are assigned after registering and paying for a BIB number until 18 March 2022 (inclusive).

8.8. Funds paid for participation in the Competition are non-refundable. Funds paid for the wrong or any other ID number are **not refundable** and cannot be transferred to another participant of the Competition, as well as cannot be transferred for participation in other Competition organized by "Courage to be the First" Corporate Fund.

8.9. Participants without BIB numbers are not admitted to the Competition!

8.10. The participant's BIB number must be clearly visible. The participant of the Competition must place the BIB number on the front of his/her chest or waist belt.

8.11. Participation in the Competition under another participant's number is prohibited! In the event that the transfer of BIB numbers is revealed, the participant of the Competition who transferred the BIB number and the participant of the Competition who accepted the other's BIB number will be disqualified for this Competition and their result will be cancelled. Admission to the next 3 (three) Competitions will also be denied.

8.12. It is not recommended to participate in the Competition wearing headphones.

8.13. Participants who use wheelchairs, handbikes, special jogging strollers will start from a special cluster before the main stream of participants in their distance. To apply for the cluster, please contact info@almaty-marathon.kz before 18:00 on 14 April 2022. Those participating in

wheelchair and their accompanying persons shall have BIB numbers of the Almaty Half Marathon 2022.

8.14. There are some requirements for those participating with a child in a jogging stroller. The stroller must have a safety belt attached to the hand of the accompanying person, pneumatic wheels. Your child must be fastened with a safety belt, and the front wheel must be fixed.

8.15. Participants with disabilities can receive a free slot to participate. For this purpose, please submit your application to info@almaty-marathon.kz. Your application shall contain the registration ID for this Competition, full name, distance and the documents confirming your disability. Your accompanying person shall pay for his/her participation anyway.

9. DISTRIBUTION OF STARTER KITS

9.1. Starter kits will be issued for the participants of the Competition from **15 to 16 April 2022, inclusive, from 10:00 to 20:00 in Almaty.**

Place of distribution will be announced later.

Attention! No distribution of starter kits will be made to the participants of the Competition on other days.

Participants of the Competition and other persons will be admitted to the starter kits distribution zone of the Competition only after registration via the ASHYQ app, using the QR code, installed by the Organizing Committee at the starter kits distribution place of the Competition!

9.2. The participant's starter kit includes a BIB number, a recording chip, a participant's handout, a bag, pins.

9.3. Corporate participants of the Competition can pick up their starter kits from **15 to 16 April 2022, inclusive**, during the distribution of BIB numbers as specified in clause 8.5 hereof. To receive the participant's starter kit, a person receiving the starter kit must have a copy of his/her ID card, as well as copy/copies of each participant's ID card.

9.4. Participants are admitted to the Competition only against the following documents provided together:

For participants under the age of 18:

- Copy of identity card/copy of Birth Certificate;
- Parental Acknowledgement Note from both parents/guardians (guardian) evidencing their consent for your participation in the Competition;
- Copies of identity cards of both parents/guardians (guardian), who signed in person the Acknowledgement Note.

For participants aged 18 and over:

- Copy of identity card;
- Health Acknowledgement.

All documents shall be submitted in a printed form.

A participant shall install and use the ASHYQ app before providing the documents. Only runners with the blue and green "status" are allowed to participate.

9.5. A participant of the Competition with the red and yellow "status" displayed in the ASHYQ app:

- not allowed to the starter kits distribution zone and to the start line.
- can pick up his/her starter kit and a medal by providing a tracker from an independent race for a selected distance at the Organizing Committee's office at the following address: Almaty, Al-Farabi Ave., bld. 5, block 1a, office 501, **in 14 days after the quarantine expires;**

9.6. If a participant of the Competition cannot pick up his/her starter kit in person, then other person can do it on special days of issue upon presentation of a copy of his/her ID card, a copy of the ID card (**printed**) of the participant, who cannot pick up the starter kit in person, and the participant's Health Acknowledgement.

9.7. Paid T-shirts will be issued only on the day the starter kits are issued. If a participant of the Competition failed to pick up the T-shirt, then it will **not** be issued in the future!

9.8. If a participant purchased a slot, but cannot participate due to his/her illness, injury, departure to another city, business trip, work shift, the participant can take part at another time or in another location in accordance with the chosen distance and can pick up his/her medal at the office of "Courage to be the First" Corporate Fund within 2 (two) weeks after the Competition. For this purpose, you shall present an online tracker with a record of your run and the confirming document to justify your absence on the start line (sick leave, medical report, business trip order / travel certificate, copies of boarding tickets) and a photo or original of the participant's ID card. The participant shall submit an application for forced online participation before the second day of starter kits distribution, in particular before 18:00 on 15 April 2022, to info@almaty-marathon.kz.

9.9. If a participant was not aware / forgot / did not have time to pick up his/her starter kit, it will be impossible to issue a medal using the online tracker after the Competition.

9.10. Other cases will be discussed individually when applying to info@almaty-marathon.kz before 14:00 on 17 April 2022.

10. COVID-19

10.1. The entrance to the Competition start camp is allowed only in a medical or reusable mask. Participants of the Competition are obliged to keep a distance of at least 1.5-2 meters before entering the starting line, as well as follow the instructions of the Organizing Committee.

If you feel unwell, please stay at home. The Competition Organizing Committee and volunteers have the right to refuse a participant of the Competition to visit the place of issue or the start camp if the participant of the Competition has a fever and/or signs of a viral disease.

Participants of the Competition are advised to take a PCR test a few days before the start.

10.2. A participant of the Competition is obliged to read and comply with all the rules prescribed in the [Regulations to Combat the Spread of Covid-19 at a Sports Event](#).

10.3. In case of an official ban imposed on the Competition by the government bodies/agencies/services of the Republic of Kazakhstan, including local government bodies, the Competition will be postponed to a later date. **All entry fees previously paid by participants of the Competition will be automatically transferred to the new date of the Competition.** The exact (new) date of the Competition will be announced by the Organizing Committee to its participants later through the Organizer's information sources specified in clause 17 hereof and by mailing to the participants' personal mail addresses specified in the Profile during their registration for the Competition.

10.4. In the event that a foreign participant of the Competition from another country cannot cross the state border of Kazakhstan on the eve of the Competition and fails to take part in the Competition due to the laws and regulations adopted by government bodies in the Republic of Kazakhstan, the participant can submit to the Organizing Committee a request to transfer his/her entry fee to the next running competition - Almaty Half Marathon 2023. In this case, the request may be mailed to info@almaty-marathon.kz.

11. EKIDEN 21.1

11.1. Athletes over 16 years old can take part in the Ekiden team relay of the Competition. The team consists of 4 (four) people, each of whom overcomes its own segment of the track.

11.2. Each team should run a distance of 21 km 97.5 m divided into sections of 5 km, 5, km, 5 km, and 6 km 97.5 m.

11.3. It is prohibited to participate in 2 (two) or more teams, as well as to overcome more than one section of the track within the Competition.

11.4. The cost of participation in Ekiden within the Competition for the team is **110,000 (one hundred and ten thousand) KZT**.

11.5. Teams shall pass the registration for the Ekiden team relay of the Competition on the website www.almaty-marathon.kz from **27 September 2021** until **01 April 2022**. For more information, please contact cc@almaty-marathon.kz.

11.6. Ekiden relay exchange points:

- 1 (first) participant (start) – First President Park
- 2 (second) participant – Al-Farabi Ave., Shashkin st. corner
- 3 (third) participant – Al-Farabi Ave., Rozybakiev st. corner
- 4 (fourth) participant – Abay st., Sain st. corner (between Sain and Altynsarin streets)

12. ONLINE PARTICIPATION

12.1. A total of 100 slots are allocated for online participation. Registration for online participation will be closed as soon as these slots run out.

12.2. A participant shall register in a separate tab at https://www.almaty-marathon.kz/ru/events/almatinskiy_polumarafon_2022/reg/.

12.3. Fees for participation in online distances:

- 21 km 97.5-m Half Marathon (incl. online) – **9,000 (nine thousand) KZT**;
- 10-km Distance Race (incl. online) – **8,000 (eight thousand) KZT**.

The paid entry fee is not refundable, cannot be re-registered for another participant or transferred to another event organized by “Courage to be the First” Corporate Fund.

12.4. A distance within the Competition can be changed from an online distance to a regular one or within online participation only before 01 April 2022 (inclusive). If a slot for participation in the Competition has already been purchased, you must contact the Organizing Committee and pay 1,000 (one thousand) KZT for changing the competition distance. In case of changing the distance within the Competition from a shorter to a longer one, the difference in the cost of the slots shall be paid as well. In case of changing the distance within the Competition from a longer to a shorter one, the difference in the cost of slots is **not refundable!** It is possible to change the distance within the Competition only if there are free slots for the selected competition distance. When changing a Competition’s BIB number with your name on it from one distance to another one, the BIB with the name is lost.

12.5. Online participants cannot claim the prize fund.

12.6. Online participants will receive a full starter kit and a finisher’s medal. They can pick up their starter kits and the finisher’s medals within 5 business days after 19 April 2022, from 9:00 to 18:00 at the office of “Courage to be the First” Corporate Fund at the following address: Almaty, Al-Farabi Ave., bld. 5, block 1a, office 501.

12.7. Deliveries within Almaty and to any other city shall be at the expense of the participant. The cost of the slot does not include the delivery cost.

13. LOCKER ROOM

13.1. Participants may leave their belongings in lockers only in the branded bags of the Almaty Half Marathon 2022, which the participants receive at the time of distribution.

13.2. The Organizer shall not be responsible for the contents of the Participant’s bag.

13.3. Suitcases, large-size bags and other items not in a branded bag will not be accepted for storage in lockers.

13.4. We recommend not leaving valuables, money, jewellery in lockers. The Organizing Committee will not consider any claims over missing items from your bags.

13.5. When leaving his/her item in a locker, the participant will receive a sticker, which is attached to the BIB number. If the sticker is lost, the bag will not be returned to the Participant on the day of the Competition. The Participant can pick up the bag upon completion of the Competition within a week at the office of “Courage to be the First” Corporate Fund and should specify the exact contents of the bag.

14. CALCULATION OF RESULTS AND DETERMINATION OF COMPETITION WINNERS

14.1. Results of the race participants for particular competition distances are recorded by the electronic timing system of the Competition and are confirmed by the Competition’s panel of judges. Winners and prize-winners of particular competition distances are determined on the basis of the participants’ finish time.

14.2. Race winners and prize-winners of particular competition distances are determined in accordance with the IAAF Rule 165.24 (“General IAAF Rules and Regulations”).

14.3. Official results of the Competition will be published on the website www.almaty-marathon.kz within 24 (twenty-four) hours after the end of the Competition;

14.4. The result of the Competition participant is recorded only subject to correct placement of the BIB number.

14.5. The Competition Organizing Committee does not guarantee that every participant of the Competition will obtain his/her 100% personal result in the following cases:

- Incorrectly fixed chip;
- Chip demagnetization;
- Disqualification on the basis of the resolution made by the Competition’s Panel of Judges.

14.6. Terms used for displaying results:

- DNS – Did not start (participant did not start);
- DNF – Did not finish (participant did not finish);
- DSQ – Disqualified (participant is disqualified);
- CR – Championship Record (record of competitions);
- GUN TIME – Finish time of participant. The time from the start gun commencement till crossing of the finish mats by the participant
- CHIP TIME – Personal time of participant. The time from start mats to finish mats crossed by the participant.

IMPORTANT! Race winners and prize-winners of the Competition are determined on the basis of the participant’s GUN TIME.

15. AWARDING OF COMPETITION WINNERS

15.1. Half Marathon (21 km 97.5 m) – participants among men and women are awarded for the 1st – 3rd places in the overall championship.

Winners and prize-winners of the Competition are awarded with cash vouchers, diplomas, medals and valuable prizes. Winners of the overall standings for this particular distance of the Competition are not awarded in age categories.

15.2. Half Marathon (21 km 97.5 m) – participants among men and women are awarded for the 1st – 3rd places in age categories. Winners and prize-winners of this particular distance of the Competition are awarded with diplomas, medals and valuable prizes.

15.3. 10-km Distance Race - participants among men and women are awarded for the 1st - 3rd places in age categories. Winners and prize-winners of this particular distance of the Competition are awarded with diplomas, medals and valuable prizes.

15.4. Ekiden 21.1. Teams in the overall championship are awarded for the 1st -3rd places.

Winners and prize-winners of this particular distance of the Competition are awarded with diplomas, medal, cups and valuable prizes.

15.5. No awarding is held for the 10-km Nordic Walking. No awarding is held for online participants.

15.6. All finishing runners of the Competition are awarded with the Finisher's Medal.

15.7. Cash prizes are issued via bank transfer to the competition winner's personal bank account. To receive the prize, the following documents shall be emailed by the participant of the Competition to info@almaty-marathon.kz within 3 (three) business days after the Competition:

- **For residents:**

- Certificate of Bank Account, a copy of an ID document;

- **For non-residents:**

- A copy of an ID document, name of the bank, address of the bank branch and name of the city in which you will receive the money.

15.8. If a participant of the Competition failed to pick up his/her prize during the Competition, the participant can pick up the prize at the Organizing Committee's office of "Courage to be the First" Corporate Fund from 11:00 to 16:00 within 10 (ten) business days after the Competition, at the following address: Almaty, Al-Farabi Ave., bld. 5, block 1a, office 501.

If a participant of the Competition cannot pick up the prize in person and cannot delegate the receipt of the prize to an authorized person, the winner of the Competition should email to info@almaty-marathon.kz his/her address where the prize can be delivered by the Organizing Committee at the expense of the participant.

This option is available only to residents of the Republic of Kazakhstan.

16. RULES OF CONDUCT ON THE TRACK

16.1. Our recommendations:

- Do not use headphones. Participants must hear warnings from other runners, judges and organizers.
- Do not run in a row with two or more participants.
- If you slow down to a walk, please keep to the right side of the track.

16.2. It is prohibited to:

- Use any mechanical aids (push scooters, bicycles, rollers, etc.) for everyone except wheelchair athletes.
- Participate with animals.
- Participate in the competition in a state of alcohol or drug intoxication.
- Participate with any items that could be dangerous to other participants.
- Participate with strollers. Stop on the track.
- Obstruct the movement of other participants and the competition in any other way.
- A participant may be disqualified for violation of these rules.

16.3. Fans are recommended to refrain from attending the event to avoid crowds.

16.4. Online participants will not admitted to start on the day of the event.

17. DISQUALIFICATION

17.1. The Competition Organizing Committee has the right to disqualify a participant of the Competition in the following cases:

- a participant starts running before the official start;
- a participant starts running after the start zone is closed;
- a participant participates without a BIB number;
- a participant neglects the instructions and comments of the Organizing Committee, judges or a chief physician of the Competition;
- a participant violates the Competition Regulations;
- a participant runs 2 (two) distances or participates in 2 (two) or more teams, which will result in the disqualification of both the participant and the teams from the Competition.

17.2. Participants of the Competition will be excluded from the final protocol in the following cases:

- a participant participates under another participant's number registered for another person;
- a participant has reduced the distance;
- a participant ran a wrong distance;
- a participant uses expedient means (bicycle, scooter, etc.);
- a participant starts running beyond the start zone;
- a participant starts running not from his/her cluster;
- a participant runs without an official number for a particular competition or the number is hidden under his/her clothing.

18. COMPETITION'S PANEL OF JUDGES

18.1. Competition's Panel of Judges - judges thoroughly monitor compliance with the competition rules and that the Competition among participants is fair and honest, and that the winner of the Competition is determined objectively. All sport judges serving the Competition represent the Competition's Panel of Judges.

18.2. Competition's Panel of Judges includes:

• Chief Judge of the Competition:

The Chief Judge of the Competition distributes responsibilities among judges of the Competition and after completion of the Competition draws up a competition report and submits it in a writing form to the Competition Organizing Committee.

• Chief Scorer of the Competition:

The Chief Scorer of the Competition processes the protocols and reports the results, draws up the necessary materials to inform judges, participants and spectators about the course of the race in a timely fashion, and after completion thereof draws up the general report on the results.

• Judges of the Start and Finish Zones of the Competition:

The Judges of the Start and Finish Zones of the Competition keep strict watch that the participants of the Competition go to the race distances according to their clusters, all rules are complied with at the start and no one gets any advantages. The Judges at the finish line record the results of the first 10 (ten) finishers according to the finish protocols. The protocols are submitted to the Chief Judge of the Competition for collation of the results with the timekeeping system.

Professional sportsmen and specialists may be invited to the Competition's Panel of Judges.

18.3. Chief Physician of the Competition.

The Chief Physician of the Competition supervises activities of medical staff and volunteers of the Competition during the race and at the start-finish camp of the Competition. If necessary, the Chief Physician of the Competition can withdraw a participant from the Competition.

19. PROTESTS AND CLAIMS

19.1. Protests shall be submitted to the Competition Organizing Committee and considered by the Competition's Panel of Judges.

19.2. A participant of the Competition shall be entitled to submit a claim within 2 (two) calendar days after completion of the Competition.

The claims shall be emailed to info@almaty-marathon.kz

When submitting the claim, the participant of the Competition is required to specify the following data:

- participant's full name (anonymous applications are not subject to consideration);
- the essence of the claim, what the claim consists in;
- grounds for the claim (photo, personal stopwatch, subjective opinion and etc.).

19.3. The Competition Organizing Committee shall prepare its official reply to the participant of the Competition within 24 (twenty-four) hours after it receives the protest and/or claim, the reply shall be sent to e-mail, which the claim/protest had been filed from.

19.4. The claims may be accepted only from the participants of the Competition.

20. MEDIA ACCREDITATION

20.1. Media accreditation for the Competition takes place in advance. To pass the accreditation for the Competition, it is necessary to send data (name of the media, full name of the correspondent, operator, photographer, contact phone number and e-mail) to prmanager@almaty-marathon.kz before **16 April 2022**.

21. INFORMATION SOURCES OF THE COMPETITION

Detailed information on the Competition is available on web-site www.almaty-marathon.kz, as well as at the following social media sites of the Organizing Committee:

- <https://vk.com/almatymarathon>;
- <https://www.facebook.com/almatymarathon/>;
- <https://www.instagram.com/almatymarathon/>;
- t.me/almaty_marathon.

The Competition Organizing Committee assumes no responsibility for the information obtained from any other information sources.

22. FINAL PROVISIONS

22.1. These Competition Regulations are the official invitation-call for participation in the Competition.

22.2. The Organizing Committee reserves the right to amend these Competition Regulations.