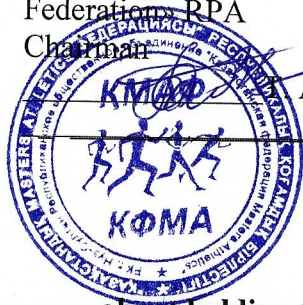


«Approve»

«Kazakhstan Masters Athletics Federation» RPA
Chairman



Abutaliyev
2023

«Agreed»

«Courage to be the first» CF
Executive director



S. Kazybayeva
2023

«Agreed»

«Athletics Federation of the Republic of Kazakhstan» RPA
Executive director



P. Kukin
2023

Regulation

about holding the Championship of the Republic of Kazakhstan in the 10 km highway race among masters

1. Name of the sports competition:

The Championship of the Republic of Kazakhstan in the 10 km highway race among masters

2. Task and purposes.

Development of the sport "athletics" in the Republic of Kazakhstan among residents of the age categories 35 years and older.

Formation of a healthy nation;

- development and popularization of athletics in the Republic of Kazakhstan among all segments of the population;
- involvement of masters in athletics, their motivation for systematic sports and a healthy lifestyle;
- maintaining competitive practice and improving the level of physical fitness of masters, including for participation in international competitions.

3. Place and time of the competition.

Venue of the event: Almaty, Republic Square, Satpayev St., as part of the Almaty Marathon 2023.

Date of the event: October 01, 2023.

4. The system of conducting.

The competitions are personal, with individual standings in each age category and by gender of participants in accordance with the Regulations on the conduct of the Almaty Marathon 2023 running competition.

5. Participating organizations.

"Kazakhstan Federation of Masters Athletics" RPA (KMAF);

"Courage to be the first" CF

Branches of the KMAF of the regions.

6. The number of athletes, judges and other participants.

Men and women from 35 and older, citizens of the Republic of Kazakhstan representing the regions, the cities of Astana, Almaty and Shymkent are allowed to participate in the competitions without quantitative and qualification restrictions. Masters from other countries participate in the Championship on a common basis.

The overall management and conduct of the competition is carried out by the judging team. The chief judge, chief secretary, judges of the start-finish zone of the Competition, their quantitative composition are determined by the Organizing Committee for the Almaty Marathon 2023.

7. Gender and year of birth of athletes.

The age category of the participant is determined by the number of full years as of October 01, 2023. Categories for men and women: 35-39, 40-49, 50-59, 60-69, 70+.

8. Results evaluation system.

The individual championship in each age category is determined in accordance with the rules of the World Athletics competitions for 2022-2023.

The result of the participants of the race at a distance is recorded by the electronic timing system of the Competition and confirmed by the judging panel of the Competition. The winners and prize-winners of the 10 km race are determined upon arrival at the finish line.

The official results of the Competition will be published on the website: www.almaty-marathon.kz within 24 (twenty-four) hours after the end of the Competition.

After receiving information about the violation of the Competition rules by the participants, the Organizing Committee has the right to re-conduct a survey of the venue of the mass event by analyzing the photo/video fixation, and in case of violations of the Competition rules by the participants, it has the right to make a final decision on changing the final protocol.

The result of the participant of the Competition is recorded only if the starting number is placed correctly.

The Organizing Committee of the Competition does not guarantee 100% receipt of a personal result by each of the participants of the Competition under the following conditions:

- Incorrectly attached chip;
- Demagnetization of the chip;
- The chip was covered by clothing or otherwise;
- Disqualification by the decision of the Judging Panel of the Competition;
- Damage to the chip by the participant.

Terminology when displaying results:

- DNS – Did not start (participant did not start)
- DNF – Did not finish (participant did not finish)
- DSQ – Disqualified (participant disqualified)
- CR – Championship Record (competition record)
- GUN TIME – Participant's finish time. The time from the start of the starting salvo to the intersection of the finishing mats by the participant
- CHIP TIME – The participant's personal time. The time from the intersection of the starting mats to the intersection of the finishing mats by the participant.

9. Medical and sanitary provision.

Responsibility for compliance with medical requirements and the provision of medical care is assigned to the chief doctor of the competition, determined by the Organizing Committee of the Almaty Marathon 2023.

The chief doctor of the Competition oversees the work of medical staff and volunteers of the Competition on the track and in the starting and finishing town of the Competition. If necessary, the Chief Doctor of the Competition can remove the participant from the Competition.

10. Anti-doping provision:

Based on the World Athletics competition rules for 2022-2023, all athletes can be subjected to doping control by the World Anti-Doping Agency (WADA). The RSE "National Anti-Doping Center" has the right to conduct both competitive and out-of-competition doping control.

11. Conditions for admission of participants and judges.

The costs of organizing and holding the Competition are borne by the Organizing Committee.

Expenses related to travel, accommodation and meals at the Competition are borne by the sending organizations of the participants or by the participants themselves.

12. The procedure and deadline for submitting applications for participation in a sports competition:

Registration of participants in the 10 km run is carried out on the website: www.almaty-marathon.kz, from "24" April 2023 and will end on "15" September 2023 or upon reaching the limit of participants.

A participant who has passed the online registration procedure on the website is considered to be registered for the Competition: www.almaty-marathon.kz, and paid the entry fee according to the ID number assigned upon registration in the 10 km race. Only paid applications are included in the list of participants of the Competition.

By registering and paying the entry fee, the participant of the Competition agrees to all the conditions of this Regulation on the conduct of the Competition.

The cost of the entry fee is 9700 (nine thousand seven hundred) tenge.

Nominal starting numbers are assigned upon registration and payment of the starting number until September 4, 2023 (inclusive). The name number indicates your name, entered by you in the "Name" column when registering on the site. A nickname, obscene words, mottos and other slogans cannot be indicated on the number. Before printing, the starting numbers are checked for the correctness of the data.

The participant's starting number is non-refundable and cannot be exchanged.

Participants without starting numbers are not allowed to participate in the Competition!

The starting number of the participant of the Competition should be clearly visible. The contestant must place the starting number on the front of his chest or waist belt.

Participation in the Competition under someone else's number is prohibited! If the fact of the transfer of the starting numbers is revealed, the participant of the Competition who transferred the number and the participant of the Competition who accepted someone else's number will be disqualified for this Competition with the cancellation of the result.

Participation in the Competition with headphones is prohibited.

The issuance of starter kits for the participants of the Competition will be carried out from "29" to "30" September 2023 inclusive, from 10 a.m. up to 21 hours 00 minutes. Place of issue: Almaty, Timiryazeva 42, KCDS "Atakent", Pavilion 9.

Attention! There will be no issuance of starter kits to the participants of the Competition on other days.

The participant's starter kit includes: a starting number, a chip for fixing the result, a participant's memo, a bag, pins.

Admission of participants to the Competition is carried out only if they simultaneously have a copy of their identity card, a health receipt.

All documents must be provided in printed form.

If the Participant of the Competition cannot pick up his starter kit on his own, then another person can pick it up on the days of issue upon presentation of a copy of his own identity card, a copy of the participant's identity card (in printed form), for which health receipts are also taken on behalf of the Participant of the Competition.

13. The procedure for awarding champions and prize-winners of competitions.

The winners and prize-winners are determined according to the finish time of the GUN TIME participant.

Awarding of participants among men and women in the 10 km run is held for 1-3 places in age categories. Winners and prize-winners in this distance of the Competition receive a diploma, a medal.

All finishers (who met the time limit - 2 hours 00 minutes) participants of the 10 km race receive a commemorative medal of the finisher.

14. The procedure for filing protests and their consideration.

The protests are submitted to the Organizing Committee of the Competition and are considered by the Judging Panel of the Competition.

The participant of the Competition has the right to file a claim within 2 (two) calendar days after the end of the Competition.

Claims are sent to the following email address: info@almaty-marathon.kz.

When submitting a claim, the participant of the Competition must specify the following data:

- surname and first name of the participant (anonymous requests are not considered);
- the essence of the claim, what is the claim;
- grounds for a claim (photo or video fixation).

The Organizing Committee of the Competition within 24 (twenty-four) hours from the moment of receipt of the protest and /or claim prepares an official response to the participant of the Competition, which is sent to the email address from which the claim/protest was submitted.

Claims are accepted only from the participants of the Competition.

15. Rules of conduct on the competition route.

Recommendations of the Organizing Committee:

Do not run in the same row with two or more participants.

- When switching to a step, keep to the right side of the road.

Forbidden:

- Use any mechanical means (scooter, bicycle, rollers, etc.) of movement.
- Participate in the Competition with headphones.
- The participant must hear the warnings of other runners, judges, organizers and other persons involved in the organization of the Competition.
- Participate with animals.
- Participate in a state of alcoholic or narcotic intoxication.
- Participate with any items that may be dangerous to other participants.
- Participate with strollers.
- Stop on the highway. In case of poor health, the participant should, if possible, stop his participation and move to the side of the track without interfering with the movement of other participants of the Competition.
- Obstruct the movement of participants and the organization of the competition in another way.
- None of the team officials or other persons has the right to walk, run, move next to the participant while the participant takes food or drinks.
- For violating the rules, the participant will be disqualified.

Disqualification

The Organizing Committee of the Competition has the right to disqualify a participant of the Competition if:

- the participant started the race before the official start;
- the participant started the race after the closing of the starting zone;
- the participant went to the start without a starting number;
- the participant does not pay attention to the instructions and comments of the Organizing Committee, judges or the chief doctor of the Competition;
- the participant violates the rules of the Competition;
- a participant who has taken or received food or water in another place that is not an official food point, except in cases when they were provided to him for medical reasons by the judges of the competition or under their supervision, or who took food from another participant must be initially warned by the judge by showing him a yellow card. For the second violation, the judge must disqualify the participant by showing a red card;
- the participant will be disqualified in case of detection of possession or use of a video camera, mobile phone or smartphone, radio, player, headphones and other equipment during the Competition;

The participants of the Competition will be excluded from the final protocol if:

- the participant ran under someone else's number – registered to another person;
- the participant shortened the distance;
- the participant ran a distance for which he was not declared;
- the participant used an improvised means of transportation (bicycle, scooter, etc.);
- the participant started the race not from the start zone;
- the participant did not start from his own cluster;

- the participant ran without the official number of a particular competition or the number was hidden under his clothes.
- violated these rules of this Provision.

16. The day of arrival and the day of departure of the competitors and judges.

The participant of the Championship of the Republic of Kazakhstan in the 10 km highway race among masters arrives in accordance with the deadlines for the procedure for issuing starter kits specified in the Regulations of the Almaty Marathon 2023 running competition: from "29" to "30" September 2023 inclusive, from 10 a.m. up to 21 hours 00 minutes. Place of issue: Almaty, Timiryazeva 42, KCDS "Atakent", Pavilion 9.

Date and period of the competition on October 01, 2023 from 05: 30 to 13: 30.

17. Final provisions

This Regulation on the conduct of the Competition is an official invitation-call to participate in the Competition.

This Regulation is guided by the norms of the Regulations on the holding of the Almaty Marathon 2023 running competition, organized by the Corporate Fund "Courage to be the First".